

From: **Program Coordinator** <ProgramCoordinator@columbusfumc.com>
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First UMC / Email Blast

This Weekend in Worship: Church, it's *still* C-O-L-D outside, yet we will worship in the Spirit of God's Love & Warmth!

Sat @ 6 PM (OC) and Sun @ 8 AM & 10:30 AM (Church) – This weekend, our **Love > Fear** (*Love is Greater Than Fear*) sermon series concludes focusing on 1 John 4:7-21. *How are we called to*

Ignite on Sun @ 6 PM (OC) / - This weekend join @ Ignite as Pastor Joe talks about “See All The People, The Questioning Crowd” through Luke 6:27-38 and Psalm 37:3-7a. **After the Alternative Service, join in Fellowship and a light meal.**



Youth Baked Potato & Ice Cream Sundae Bar / This weekend, the YOUTH will be hosting a Baked Potato & Ice Cream Sundae Bar from **11:30 AM to 1 PM**. **FREE WILL OFFERING** with proceeds going toward the Puerto Rico Mission Team.

Lunch and Learn / Join the members of Christian Social Witness for a special four-week opportunity to learn about some of the current issues we are facing with time for discussion. **Lunch will be provided starting at 11:45 AM followed by the sessions at 12:15 PM. We will adjourn no later than 1:45 PM.** **Please make a reservation through the church office for the whole series or certain dates.**

- **Feb. 24** (Youth Fundraiser) – Sexual Violence. As parents, grandparents, aunts and uncles we need to know what to look for with our youth as well as how to support them.

Care Team’s Chat & Chew / First UMC Care Team and Healthy Congregations are sponsoring the following events, all of them will be at **4:30 PM at our Outreach Center**:

- **March 10** – “Home Safety Awareness”
- **April 14** – “Healthcare Decisions”

Walk to Jerusalem Has Begun!/ Did you know....a number of studies have found that exercise helps depression? Increased fitness may improve your sleep patterns and life your mood. Exercising with others provides an opportunity for increased social contact. Exercise may change levels of chemicals in your brain such as stress hormones and endorphins which boosts your mood and sense of well-being. (*it’s not too late to sign up*) If you are limited on your ability to walk, you can track your miles with 20 minutes of an activity equaling one mile. We also have a Facebooks group that you can join to track your miles: “First UMC Heart & Sole!”

United Methodist Church: Commission on a Way Forward / Special General Conference will be **Feb. 23-26** in St. Louis, and we invite our church members & friends to be informed and to **pray!** The Conference Room / Prayer Chapel will be **OPEN** for Prayer. Please plan to lift up the delegates and those who are making decisions on behalf of our denomination.

CALENDAR:

<https://www.mychurchevents.com/calendar/74025457/month/2019-02-01>

Mark Your Calendars:

February 24 – Youth Potato Bar Fundraiser / Lunch & Learn: Sexual Violence

March 6 – Ash Wednesday / Food & Fellowship Supper Served @ OC / Service @ OC

Community Connection! – Please check-out the Community Bulletin Board located outside of the Church Office! Click on the hyperlinks to go to learn more about the events listed below.

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