

On Thursday, February 2, 2017 10:31 AM, Program Coordinator <ProgramCoordinator@columbusfumc.com> wrote:

First UMC / Email Blast

Sip and A Sample Show

Sunday, February 12, 2017 join the youth for some appetizers and beverages. The talent show starts at 2:45 tickets are \$5.00 per adult, and \$3.00 (ages 3-11) stop into the office to purchase your tickets. If tickets aren't purchased by Sunday afternoon the show will be canceled. Please come support our youth.

Partners In Faith

We are looking for more Captains and Head Ushers. Captains help find volunteers from the Team Members List to help at weekend services and Fellowship Time. Head Ushers help services go smoothly. Training date TBD. If you would like to step up to the challenge, please contact Meka @ 402-564-8463 or email frontdesk@columbusfumc.com

UMW Fudge-Making

It's that time of year again! UMW is making fudge on **Saturday, February 4** at 9:00 AM in the Fellowship Hall Kitchen. They will be pack up the fudge on **Sunday, February 5** at 1:00 PM. *The proceeds go towards scholarship for students*. UMW is asking for volunteers to help make the fudge, along with volunteers to help package the fudge. If you're able to help any of those days please stop by. The fudge will be sold the weekend of Feb. 11 & 12.

KNOW, GROW, GO!

In the New Year, engage in Bible studies where you can “**know**” God and Christ – “**grow**” in your faith – and “**go**” into our corner of the world to make a difference! Check out our Sunday morning classes from 9 to 10 AM as well as some of our regular Bible studies and fellowship groups that meet throughout the week.

There are ***NEW*** studies:

“Living the Five” is for empty-nesters and/or people who are going through significant transitions in their lives. Start date will be in late February – early March. Sign-up in the church office ASAP.

“Simplify” is embracing biblical principles within 10 practices to unclutter your soul – meets on Wednesdays, February 8 – April 12 from 7:15 to 8:15 PM at our Outreach Center. Sign-up in the church office ASAP and/or for study guide.

Kaleidoscope Class / Just about all of us have set out to read the Bible from cover to cover, some of us many times, but it is a rather daunting task. It is not just one book, but many, written over thousands of years. These books, especially in the Old Testament, were organized largely by type, and are not in chronological sequence. Some of the subject matter is pretty dull and boring, like all the ancient dietary restrictions and lengthy genealogies. What is most important about the Bible as a whole is the central story of God’s creation, redemption, and His relationship to His people. Fortunately, we now have available to us “The Story”, sort of a “Reader’s Digest” version of the Bible that uses text taken from the New International Version of the Bible, which is very readable, and rearranges it chronologically. The material not essential to understanding God’s work with His people through history has been left out, and connecting text has been inserted to make “The Story” a very readable narrative. The Kaleidoscope adult Sunday School class, which meets in room 006 downstairs in the church, will be starting to study “The Story” at 9:00 a.m. Not sure just how long it will take to go through this study, but we are hoping to do two chapters per week, which would take about 15 weeks. Books are available in the church office.

Watch for more information about our Lenten studies, the “Lenten Laps” program and much more coming soon!

CALENDAR:

Feb. 2 ~ 6:00 PM Alpha (Fellowship Hall)

Feb. 3 ~ 11:45 PM Keystone at Senior Center

Feb. 4 ~ 9:00 AM UMW Fudge Making (Fellowship Hall)

Feb. 5 ~ 1:00 UMW Fudge Packaging (Fellowship Hall)

Rev. Cindi in Topeka for Board of Ordained Ministry Interviews, Feb. 6-9.

Feb. 7

11:30 AM Memorial Committee @ Picket Fence

1:00 PM Home Communion (TBD due to illnesses)

6:00 PM Evening Bible Study @ OC Mediation Room

Feb. 8

6:30 AM UMM Breakfast (Fellowship Hall)

7:30 AM Word + Table (Sanctuary)

3:30 to 8:15 PM Youth Groups @ Outreach Center

6:00 PM Grief Share in Conference Room

7:00 PM “Simplify” @ OC (Meditation Room)

YOUTH & CHRISTIAN EDUCATION:

Wednesday night meals are needed. Every week 40+ people have supper in the Youth Underground at the Outreach Center. You may sign up to provide all of the meal or just a portion of it. Please check out the binder in the chapel parlor to sign up to help or talk to Sarah Borgman. Monetary donations for the meals are also accepted.

Spring Break Camp- Do you know of a child who needs something to do over spring break? Look no further First UMC is having a Spring Break Camp for ages Kindergarten to Sixth Grade. It starts March 14th and goes till March 17th from 8:00 am to 3:30 pm at our Outreach Center. There will be fun, Educational Activities studying math, reading, science, drama, cooking, and art, along with a field trip. **Make sure and bring a sack lunch.** Cost is \$10.00 per person. You can register at the church office or with Sarah Borgman at sarah.borgman@columbusfumc.com. **Empty Pringle cans are needed for a Camp Spring Break craft along with any helpers/leaders.**

Youth Ice Skating – The youth are going ice skating on March 13th in Omaha. This is for grades 7-12, it is \$8.00 per person. Bring some extra money for food. If you would like more information contact Sarah Borgman at sarah.borgman@columbusfumc.com

MISSION & MISCELLANEOUS INFORMATION:

2017 MISSION TRIP TO WILLOW UMC, ALASKA!!! Willow United Methodist Church, our Faith Partner, recently contacted the Mission Committee to see if it church would send a VIM (Volunteers in Mission) team to cut and distribute firewood and help host Vacation Bible School. The VIM mission would last approximately 7 days. We are asking for a dates during the last two weeks of July, 2017. The approximate cost would be \$800 for airfare and approximately \$400 to cover rental cars and most meals. We need 10 people to form a team. The team is limited to 15 participants. For more information, please contact Denise Kracl at (402) 615-1020 or huskergirl29@yahoo.com

Great Plains United Methodist Men Winter Rally- Come to the winter rally on February 17-19th located at Camp Fontanelle, near Fremont NE. The theme this year is Show up! Our Great Plains conference President, Charley File, recalls these words that God spoke to him 33 years ago. “All you have to do is show up, and I will show up”. Registration is online at (<https://gp-reg.brtapp.com/UnitedMethodisMen> WinterRally-GreatPlains) or by mail. Please come into the church office if you would like to register by mail.

Community Connection!

Job Opening at Food Pantry - The Platte County Food Pantry Board of Directors is seeking to fill an opening for a part-time Executive Director. The Executive Director supervises the daily operation of the Food Pantry include ordering, record keeping, volunteer staff coordination, community fundraising and other duties as assigned. Must be able to lift 40 pounds; may use your vehicle occasionally to haul light supplies. Must be available to work 4 or 5 hours a week in the pantry during open hours; will work approximately 40 hours per month. The Food Pantry is open: 10:00-11:30 on Monday, Wednesday and Friday, and 2:00-4:00 on Tuesday and Thursday. This position offers a monthly salary. Mail resume to:

Platte County Food Pantry, 3020 18 Street, Ste #13, Columbus, NE 68601 or email plattecountyfoodpantry@yahoo.com.

Keeping your heart healthy – Join us for this free lunch on Monday, February 6 at 12:00 and learn to find out the latest tips and techniques available to keep your heart healthy from featured speaker Dr. Nadarajah Srikumar of Bryan Heart Institute. Also learn about heart healthy exercises to keep your heart strong from Lisa Perrin, BSN, RN, CCRN, Columbus Community Hospital Cardiopulmonary Rehabilitation Manager. Located on the third floor in the conference room. To register contact the hospital at 402-562-3380 or register online at www.columbushosp.org

Celebrate Valentine's Day – Columbus community hospital volunteers invite you to celebrate Valentine's Day on February 9th from 7am-3pm, February 10th from 7am-3pm, February 11th from 11am- 3pm, February 13th from 9am-7:30pm. Just outside of the Unique Discoveries Gift Shop where there's chocolate assortment boxes, butterscotch lollipops, chocolate hearts, valentine gifts, teddy bear bouquets, valentine popcorn, Balloons and cards.

Build Your Resources and Get Ahead - Do you want to build your strengths, improve upon your weaknesses, be rewarded for your time and the value you bring to your community? Sessions start February 6th Monday & Tuesday 5:30-6:30 pm and Thursday & Friday, 9:00-10:00 am at Family Resource Center (3020 18th St) in the Small United Way conference room. Classes are two days a week for three weeks. Transportation to sessions is available. Please give several days advance notice if you need a taxi ride to the Getting Ahead sessions. Start building your future story today!

Faith community roundtable: a conversation about meeting the needs – A pilot project has been operation in Platte-Colfax Counties since September which is funded by the Nebraska Children & Families Foundation and is part of a state-wide effort to better respond to stressed families who are at higher risk of entering the Child Protective Services System for abuse or neglect. As local coordinators for Community Response, we would like to give you an overview and hear about your efforts to help families as well as discuss how we may be better able to work together to benefit them most effectively. Please join us February 9th from 12:00-1:00 p.m. at the Federated Church (2704 15th street).

Healthy Family Fun Fest – Learn about ways to help your family be emotionally strong and resilient! Saturday, February 11 from 10:00 am to 2:00 pm at the Columbus Family Resource Center (3020 18th Street). Free Event with fun activities for kids, learning sessions for parents, anti-bullying story time, suicide prevention information, therapy dogs, local service providers, face painting, clowns, free stuff, food, and much more.

Mobile Pantry – A mobile pantry is a traveling food pantry that delivers food directly to families in need for a one-day distribution. Saturday, February 11, 2017 from 10 am to noon at the Wunderlichs catering. The goal is to provide food where there is a high need but limited resources.

Mental Health First Aid – Mental Health First Aid is an 8- hour training course that teaches you how to help someone who is developing a mental health problem or experiencing a mental health crisis. People across the country are trained in Mental Health First Aid. They know how to identify, understand, and respond to signs of mental illnesses and addictions. This course is delivered by certified Mental Health First Aid USA instructors who complete a 5 day training and meet certification requirements. This course is on February 14 from 8:00 am to 5:00 pm at East Central District Health Department (4321 41st Ave). This is a free course!

Short Stacks for a tall cause – You're invited to an Applebee's Flapjack Fundraiser to support **Habitat for Humanity of Columbus, NE** on February 26th from 8am to 10 am. Tickets are just \$7.00 see organization for ticket purchase prior to event.

Thrive Cancer Rehabilitation Care – Columbus Community Hospital's Thrive Cancer Rehabilitation Care is here to help cancer survivors physically and emotionally heal from the side effects of treatment so they can recover more quickly and more completely than they would otherwise. A complimentary one-on-one consultation is provided in order to guide your survivorship care plan help you achieve your goals and recover the things that cancer and its treatment may have taken away. To set up an appointment or for more information, please call Rehabilitation Services at 402-562-3333