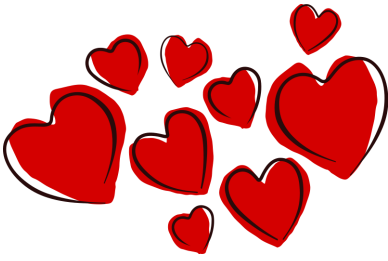


# Caring Team Notes



Check out the Care Team's annual bulletin insert for February, **28 Ways to Show You Care**

## Care Team Needs YOU:

First UMC's Care Team is inviting you to **"Come, CARE with us!"** Currently there are many opportunities to help expand the caring ministry of the Church.

- ♦ **VISITATION TEAM — hospital visits.**  
During the week, our pastors check the hospital every day; on the weekends, members of the this team make hospital visits.
- ♦ **VISITATION TEAM — deliver bulletins.**  
On Mondays each week, bulletins are assembled with a hard copy of the sermon (and a CD of the worship service) to be delivered to our church family members who are homebound and/or in care facilities.
- ♦ **VISITATION TEAM — meals of care.**  
As church family members return home after being in the hospital, **meals** are offered. Members are contacted to help to provide meals; typically, we may provide 2-3 meals for 3-4 people during any given month. Currently, we are looking for a **Meals of Care Coordinator**.
- ♦ **TRANSPORTATION TEAM — drivers.**  
Members of this team provide transportation for church family members from their homes and/or care facilities to worship—as well as provide rides to medical appointments and to stores.

### *I want to volunteer, but...*

#### **"I'm not sure exactly what to say or do."**

We have Care 101, 202 & 303 trainings (1.5 hours each) to provide tools & resources. *Trainings will be scheduled in March & April.*

#### **"I'm not available each week."**

No problem—volunteer when you can!

#### **"I need more information!"**

Contact Rev. Cindi, Martha Davidson or Dee Kinkaid for more info!



**Jesus said,  
"Love one another."**

## **THANK YOU, VOLUNTEERS!**

Who deliver bulletins, make hospital visits, provide transportation to church or the store, make home visits, make an extra meal & deliver it, write cards to those healing and/or grieving, make phone calls to homebound members, check-in with a neighbor, pick-up groceries, make small home repairs, rake leaves, scoop snow, greet a new face in church, give a hug to a friend, invite someone out for a meal or activity, and PRAY for those on our Prayer List / Prayer Chain.



**During February worship services, First UMC Care Team will be sharing "caring moments" through video testimonies.**

**On Sunday, March 4, there will be a Care Team Fair along with the First Sunday Potluck in Fellowship Hall. Come, CARE with us!**

# Above All: Lent 2018

## Lenten Devotional /

**\*NEW\*** Would you like to participate in this year's church family **Lenten Devotional**? Please submit your devotional, a reflection on your relationship with God, Christ & Spirit, by **Sunday, February 4**. The theme **Above All**, and forms have been included with the bulletin and are available in the Church Office.

## Bible Studies /



During the season of Lent, allow Christ's journey to the cross to inspire your faith! Lent begins on **Ash Wed., Feb. 14**. Sign-up for this year's Lenten Bible Studies. Note: some groups are already underway while others will be starting special Lenten studies. You are invited to fill-out the bulletin insert and/or sign-up by calling the Church Office; leaders will contact you about specific starting date.

**SUNDAY / 9 to 10 AM.** Sunday School Classes

**4:30 to 5:30 PM.** Intergenerational Study @ OC #letgo (struggles on the journey, movie themes) Feb. 25 & Mar. 4 and/or Mar. 18 & 25

**MONDAY / 12 to 1 PM.** Bible & Bag @ OC  
The Gospel of Mark (continuing)

**TUESDAY / 9:30 AM.** Bible Study @ Church (CP)

**7 PM.** Serendipity Group @ Church (207)  
"He Chose the Nails"

**WEDNESDAY / 7:15 PM.** Kidz Korner & Youth Groups @ OC / Symbols of Lent

**THURSDAY / 6 to 8 PM.** Alpha (continuing)

**ANYTIME / ON-LINE /** Read daily devotions & reflect weekly on our Church's FaceBook page "40 Days of Fruitful Living" (pick-up book in office)

## Ash Wednesday /



**Ash Wednesday** is on **Wed., Feb. 14**. Our services are as follows and will include the imposition of ashes:

- **7:30 AM**, Word + Table Service @ Church
- **7 PM**, Ecumenical Service @ Federated Church  
Preaching: Rev. Jan With of Grace Episcopal

## Lenten Lunches /

This year's theme is **#momentsofgrace**. We will reflect on those moments of grace in our lives where we have overcome obstacles and/or experienced our passion connected with hopes & dreams.

- **Feb. 21** / Rev. Seong Lee / First UMC
- **Feb. 28** / Rev. Adam Lassen / St. Luke's UCC
- **Mar. 7** / Rev. Edward Yang / Federated
- **Mar. 14** / Rev. Cindi Stewart / First UMC
- **Mar. 21** / Rev. Annika Lister-Stroope / Federated & Grace Episcopal

<p><b>#letgo</b></p> <p><b>Feb. 25 &amp; Mar. 4</b> <b>4:30 to 5:30 PM</b> <b><i>The Last Jedi:</i></b> (Past, Failure, Control, Power)</p>
<p><b>Mar. 18 &amp; 25</b> <b>4:30 to 5:30 PM</b> <b><i>The Greatest Showman:</i></b> (Prejudice, Pursuing More)</p> <p>For <u>ALL</u> ages! Movie Clips, Bible Study, Reflection Time &amp; Prayer!</p>